

Marianne Becker

MSW, LCSW-C



Marianne Becker, LCSW-C, has been a psychotherapist since 1991. With a Master's degree in social work from the University of Maryland, she works with children, adults,

and families in her private practice. She has had special training in EEG Neurofeedback, eye movement desensitization and reprocessing (EMDR), and play therapy.

In addition, she has been an advocate for adopted children and families in agency settings, written articles for adoption publications, and has led children's groups and parent workshops.

“Neurofeedback has changed my life in many ways...in school, it has made me more focused, more attentive, and has made me enjoy learning—thinking before I act...I am now a happy person, who has a higher self-esteem, and more confident in who I am.”

R.E., Owings Mills
15-years old

Services available

Psychotherapy, Counseling & Neurofeedback

- Peak Performance Training
- Adoption/Attachment
- ADHD/ADD
- Depression
- Panic/Anxiety
- Oppositional Defiant Disorder
- Conduct Disorders
- Post-Traumatic Stress Disorder
- Dyslexia
- Autistic Spectrum Disorders
- Language-Related Disabilities
- Obsessive-Compulsive Disorders

We were very pleased with the neurofeedback therapy. Our son was on four medications before he came here, and now he is med-free. He is a much happier child and pleasant to be with.

GL, Ellicott City
mother of 15-year old with
attachment difficulties

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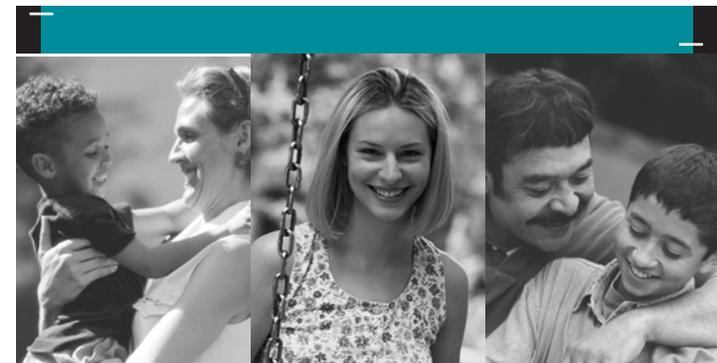
Performance & Relationship Enhancement

FOR CHILDREN & ADULTS

Specializing in:

- ADD/ADHD
- Attachment Disorders
- Self-Enrichment/Goal Attainment

Marianne Becker, LCSW-C
Psychotherapy & Neurofeedback



From the desk of

Becker, LCSW-C Frustrated with

knowing you or your child has the potential to achieve specific goals, but just can't... and you don't know what to do about it?

Tired of feeling like no matter how hard you try, nothing seems to work....or the effort just isn't worth it anymore?

It doesn't have to be that way!

As a psychotherapist since 1991, I have worked with many children and adults with a variety of issues or conditions. Some of these conditions include ADD and attachment disorders, in addition to depression, anxiety, anger, trauma and sleep difficulties.

By combining therapy with neurofeedback in many of these clients' treatment plans, I have been able to help many adults and children enhance their performance and relationships. As a result, they have gained added control and reached important objectives in their lives—whether the goal was improved grades, enhanced family communication and function, or a career-related accomplishment.

Now you may ask, *“How can this work for me or my child?”*

The best place to begin is by contacting me and scheduling a thorough evaluation, at which we discuss the *“symptoms”* or issues and the objectives. Then, we'll determine the best treatment plan to reach those objectives.

I welcome the opportunity to work with you and your family and hope the feelings of hopelessness and frustration will soon be a distant memory.

Marianne Becker

Neurofeedback Enhances Individuals' Ability To Reach Performance Objectives & Improve Relationships

Questions & Answers



What is Neurofeedback?

Neurofeedback is an exciting, non-invasive technique for behavioral conditioning that teaches the client how to control his or her own brainwave activity in a way that can change mood, increase attentiveness, and reduce anxiety and distractibility.

Basically, the brain learns a healthier brainwave pattern through a system of rewards so the client can apply these same “habits” in the real-world—at home, school, or work.

What Occurs During A Neurofeedback Session and As A Result of Such A Treatment Plan?

The therapist places sensors on the scalp in very specific spots based on the client's treatment plan, and gives the client instructions to “play” a “video game.” While playing, these sensors allow the electrical activity at the site to be amplified and displayed on the therapist's computer for monitoring.

The game continues to play and points are scored during the session, as long as the brain is achieving and sustaining the desired brain state. If, however, the person becomes less focused or distracted, the game slows or stalls.

Gradually over the treatment period, the brain responds more automatically to the video and audio rewards of the game. As a result, the new way of focusing or behaving becomes a learned response that ultimately becomes automatic for daily tasks and relationships.

How Does Neurofeedback Work When A Person Is On Medicine For A Particular Problem or Disorder?

Neurofeedback is a complement to traditional medicine and there is open communication between the therapist and the client's physician to ensure the appropriate care plan is coordinated.

This coordination is especially important when the patient is taking prescribed medicines. Since neurofeedback often lessens or eliminates the need for prescription medicines as the condition changes over the treatment period, the physician may need to make dosage adjustments based on the feedback of the therapist and client.

How Long Is A Neurofeedback Treatment Plan?

Since neurofeedback is a “conditioning” therapy, repetitive sessions are required. For many conditions, progress can be noted within ten sessions; other conditions may require between forty and sixty sessions.

In the beginning, the client should do two or three sessions a week, but once learning begins to accumulate, the frequency of weekly visits can

be reduced until the learned behavior becomes natural and comfortable for the client in his or her real-world experiences.

For many, neurofeedback is enhanced when combined with family therapy or individual psychotherapy.

“Neurofeedback has been an empowering experience for my son. It gives the opportunity to feel more directly involved in the management of his ADHD.”

VLS, Catonsville
mother of 12-year old